

SICK POLICY

To preserve the health and well-being of each child in Aspen Park Montessori's care, we must have everyone's participation and insist on a strict adherence to this Sick Policy. We have a Health Coordinator and are authorized by CDHS to administer medication, but only on limited circumstances. We ask that if your child shows symptoms of illness prior to attending school, please seek medical attention from your pediatrician. If your child develops any illness or displays symptoms while in our care, you will be called to come get them within the hour.

Symptoms Requiring Exclusion from Daycare {No Exceptions}

- ◇ **COVID-19 SYMPTOMS:** Your child MAY NOT ATTEND if they exhibit any of the COVID-19 symptoms: Fever or Chills, Cough, Shortness of Breath, Fatigue, Body Aches, Headache, New Loss of Taste or Smell, Sore Throat, Congestion or Runny Nose, Nausea or Vomiting, or Diarrhea.
- ◇ **Fever:** A fever is considered to be any temperature of 100.4 F (38.0° C) or higher for Rectal, Ear or Forehead; Oral (Mouth) temperature: 100° F (37.8° C) or higher; or Under the arm (Armpit) temperature: 99° F (37.2° C) or higher. Children with a fever will be sent home immediately. A child needs to be fever free, without the aid of any fever reducing substance for a minimum of 48 hours before returning to Aspen Park Montessori.
- ◇ **Cough:** Your child may not attend if they have a persistent cough.
- ◇ **Vomiting & Diarrhea:** Please keep your child home until 48 hours have passed with no vomiting and/ or diarrhea. Children who develop vomiting or diarrhea will be sent home immediately.
- ◇ **Any Highly Communicable Disease:** Including but not limited to the following illnesses:
 - COVID19, Influenza, Infectious Conjunctivitis (pink eye), Impetigo, Ringworm, Chicken Pox, Strep Throat, and 5ths Disease. Your child will be accepted back into care when they are no longer contagious and must have a doctor's note stating they are able to return. All other parents will be notified of the communicable disease and what symptoms to watch for.

Runny Noses: Your child may not be brought to school if he/she has a common cold. Please refer to CDC (<https://www.tchd.org/DocumentCenter/View/6151/CDPHE-Infectious-Diseases-in-Child-Care-and-School-Settings>, page 40) A constant runny nose which needs to be wiped continually is not acceptable. If your child has allergies causing an excessive runny nose, they will need a doctor's note indicating the allergies and medication.

- ◇ **Rashes:** Any unexplained rash requires a doctor's note stating it is not contagious.
- ◇ **Runny and/or Crusty Eyes:** Watery, gunky, matted, and/or red/pink eyes are not acceptable in preschool/kindergarten under any circumstances.
- ◇ **Inability to Participate:** If your child is too tired, ill or irritable to participate in our daily activities, they may need to be sent home. If your child is irritable, excessively whiny, cranky, or

wants to be constantly held, or requires more attention than we can provide without disrupting our daily routine, then you must keep your child home regardless of the presence of other symptoms.

- ◇ **24-Hour Rule:** Your child must be free from any of the previous symptoms for a minimum of 24 hours before you can return. If they are prescribed an antibiotic, they must wait 24 hours after the first dose before they may return to Aspen Park Montessori. No exceptions.
- ◇ **Informative:** You must let us know if your child is under any medication. Dope & Drop (The practice of medicating your child before drop off to hide symptoms and not letting us know) is grounds for immediate termination. Please have a backup plan available in the event your child is ill and you feel you cannot miss work.

Medical Emergencies

- ◇ Unfortunately, emergencies do happen. Your child's health and safety come first and we strive to prevent accidents or injuries from happening. In the event of an injury, we will administer basic First Aid and/ or CPR as needed. Parents will be called and the injury and actions taken will be described. In the event that a child needs to go to the hospital, the ambulance will be called first, then the parent. If the parent has not yet arrived and a substitute is available, the director or a designated staff member will accompany the child to the hospital.

Other Emergencies

- ◇ Some emergency situations (loss of utilities, dangerous weather or personal emergencies) do not call for a trip to the hospital or an immediate presence of local police on the premises. In this type of situation, parents will be called to pick up their children and the school will be closed. No one expects an emergency to occur, but when they do, we will be proactive in ensuring all of our student's safety. It is imperative that Aspen Park Montessori have every child's latest contact information, just in case an emergency does occur. It is also important for parents to be cooperative and understanding in such situations.